

# 2026 Fact Sheet



- Endurance, Strength Training (on land), Orientation, Swimsuit Fitting
  - April 27- April 29
  - Team will be divided into two groups
  - Groups rotate from 30 minutes of endurance, strength conditioning to 30 minutes of swimmer and parent onboarding tasks
- Swim Practice:
  - May start
  - The team will be divided into groups based on skill level (as determined by the swim test), age, and number of members on the team. Actual days, duration of practice, and start and end times for practice will vary for individual swimmers.
- Season Pass:
  - The West County Aquatic Center pass provided with swim team registration is an individual pass for swim team member. It must be presented to enter the pool. **Replacement fee of \$5 for lost passes.**
  - No parents allowed on deck during practice hours before the pool opens to the public.
  - To enter the pool, family members must present a Gold Pass (\$80 for Charleston County Residents up to 4 visitors), an individual pass (\$25) or pay the daily admission fee of \$2/person for ages 3+.
- Daniel Island Mega Meet:
  - Swim Team members ages 5-6 have the option to register for the Daniel Island Mega Meet to be held the end of June at no additional cost.
  - Location: 1801 Pierce Street, Daniel Island, SC 29492.
- City Meet:
  - For swim team members ages 7 +, who qualified for the City Meet during the dual meet season. For more information on rules and points, please visit the Coastal Carolina Aquatic Association webpage.
  - City Meet to be held the end of June.
  - Location: [North Charleston Aquatic Center](#), 8610 Patriot Blvd, North Charleston, SC 29420.
- Youth Triathlon:
  - Swim Team members ages 7-15 have the option to register for the Youth Triathlon swim clinic to be held July 20 and the Youth Triathlon to be held July 25 at James Island County at no additional cost. Youth Triathlon Swim Clinic and Youth Triathlon registration requests must be emailed to Allison Stucky, [allison.stucky@ccprc.com](mailto:allison.stucky@ccprc.com) by July 17.
  - Youth Triathlon Swim Clinic (for Youth Triathlon registrants only) Participants in the Youth Triathlon Swim Clinic must bring their own goggles and swim caps for the clinic, nothing will be provided.
  - All Youth Triathlon registrants should arrive wearing Wahoo's swimsuit. Youth Triathlon registration includes a swim cap and shirt. Registrants are responsible for bringing a fully operational bike, helmet with strap, water, sunscreen, and goggles on race day.