

# Youth Triathlon Course Map

## Ages 7-10

The 100 yard swim will be an out and back in shallow water that runs parallel to the shore. The bike course is a 1.5 mile loop inside the park. The 1 mile run course will be a loop that begins on the paved trail between the Swim Start/Finish and Transition area. Participants will be directed to the park road at Park Center, and complete 1 loop. Participants will remain on the park road to cross the finish.



Park Center  
WS

Swim  
Start/Finish

**Finish Line**  
Bike Finish

Bike Start

- Swim Course-
- Bike Course-
- Run Course-
- Water Station- WS

\*Entire course will remain inside the park\*