

Youth Triathlon Course Map

Ages 7-10

The swim will be an out and back swim, totaling 100m, that runs parallel to the shore. The 3-mile bike course is a 1.5 mile loop inside the park, repeated 2 times. The 1-mile run course will be a loop that begins on the paved trail between the Swim Start/Finish and Transition area. Participants will be directed to the park road at Park Center, and complete 1 loop. Participants will remain on the road to the finish line.



Entire course will remain inside the park