

# Youth Triathlon Course Map

## Ages 11-15

The 200 yard swim will be an out and back in shallow water that runs parallel to the shore. The 6 mile bike course is a 1.5 mile loop inside the park, repeated 4 times. The 2 mile run course will be a loop course that begins on the paved trail between the Swim Start/Finish and Transition area. Participants will be directed to the park road at Park Center after the second loop. Participants will remain on the park road to cross the finish.

